

Year/Half-termly unit titles	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me and my Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
<b>EYFS</b>	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
<b>Y1</b>	<p><b>Lesson 1</b> - Why we have classroom rules</p> <p><b>Lesson 2</b> - How are you listening?</p> <p><b>Lesson 3</b> - Thinking about feelings</p> <p><b>Lesson 4</b> - Our feelings</p> <p><b>Lesson 5</b> - Feelings and bodies</p> <p><b>Lesson 6</b> - Good friends</p>	<p><b>Lesson 1</b> – Same or different?</p> <p><b>Lesson 2</b> – Unkind, tease or bully?</p> <p><b>Lesson 3</b> – Harold’s school rules</p> <p><b>Lesson 4</b> – It’s not fair!</p> <p><b>Lesson 5</b> – Who are our special people?</p> <p><b>Lesson 6</b> – Our special people balloons</p>	<p><b>Lesson 1</b> – Super Sleep</p> <p><b>Lesson 2</b> – Who can help? (1)</p> <p><b>Lesson 3</b> – Good or bad touches? (PANTS)</p> <p><b>Lesson 4</b> – Sharing pictures</p> <p><b>Lesson 5</b> – What could Harold do?</p> <p><b>Lesson 6</b> – Harold loses Geoffrey</p>	<p><b>Lesson 1</b> – Harold has a bad day</p> <p><b>Lesson 2</b> – Around and about the school</p> <p><b>Lesson 3</b> – Taking care of something</p> <p><b>Lesson 4</b> – Harold’s money</p> <p><b>Lesson 5</b> – How should we look after our own money</p> <p><b>Lesson 6</b> – Lost (non-SCARF lesson)</p>	<p><b>Lesson 1</b> – I can eat a rainbow</p> <p><b>Lesson 2</b> – Eat Well</p> <p><b>Lesson 3</b> – Harold’s wash and brush up</p> <p><b>Lesson 4</b> – Catch it! Bin it! Kill it!</p> <p><b>Lesson 5</b> – Harold learns to ride his bike</p> <p><b>Lesson 6</b> – Pass on the praise!</p> <p><b>Lesson 7</b> – Inside my wonderful body! (OPTIONAL)</p>	<p><b>Lesson 1</b> – Healthy me</p> <p><b>Lesson 2</b> – Then and now</p> <p><b>Lesson 3</b> – Taking care of a baby</p> <p><b>Lesson 4</b> – Who can help? (2)</p> <p><b>Lesson 5</b> – Surprises and secrets</p> <p><b>Lesson 6</b> – Keeping privates private</p>
<b>Y2</b>	<p><b>Lesson 1</b> – Our ideal classroom</p> <p><b>Lesson 2</b> - How are you feeling today?</p> <p><b>Lesson 3</b> – Let’s all be happy</p> <p><b>Lesson 4</b> – Being a good friend</p> <p><b>Lesson 5</b> – Types of bullying</p> <p><b>Lesson 6</b> – Don’t do that!</p> <p><b>Lesson 7 (OPTIONAL)</b> – Our ideal classroom (2)</p>	<p><b>Lesson 1</b> – What makes us who we are?</p> <p><b>Lesson 2</b> – My special people</p> <p><b>Lesson 3</b> – How do we make others feel?</p> <p><b>Lesson 4</b> – When something is feeling left out</p> <p><b>Lesson 5</b> – An act of kindness</p> <p><b>Lesson 6</b> – Solve the problem</p>	<p><b>Lesson 1</b> – Harold’s picnic</p> <p><b>Lesson 2</b> – How safe would you feel?</p> <p><b>Lesson 3</b> – What should Harold say?</p> <p><b>Lesson 4</b> – I don’t like that!</p> <p><b>Lesson 5</b> – Fun or not?</p> <p><b>Lesson 6</b> – Should I tell?</p>	<p><b>Lesson 1</b> – Getting on with others</p> <p><b>Lesson 2</b> - When I feel like erupting</p> <p><b>Lesson 3</b> – Feeling safe</p> <p><b>Lesson 4</b> – Playing games</p> <p><b>Lesson 5</b> – Harold saves for something special</p> <p><b>Lesson 6</b> – How can we look after our environment?</p> <p><b>Lesson 7 (OPTIONAL)</b> – Harold goes camping</p>	<p><b>Lesson 1</b> – You can do it!</p> <p><b>Lesson 2</b> – My day</p> <p><b>Lesson 3</b> – Helping us to keep clean and healthy</p> <p><b>Lesson 4</b> – Harold’s bathroom</p> <p><b>Lesson 5</b> – What does my body do?</p> <p><b>Lesson 6</b> – Spot the danger</p> <p><b>Lesson 7 (OPTIONAL)</b> – My body needs</p>	<p><b>Lesson 1</b> – A helping hand</p> <p><b>Lesson 2</b> – Sam moves away</p> <p><b>Lesson 3</b> – Haven’t you grown</p> <p><b>Lesson 4</b> – Respecting privacy</p>

<p><b>Y3</b></p>	<p><b>Lesson 1</b> – As a rule</p> <p><b>Lesson 2</b> – Looking after our special</p> <p><b>Lesson 3</b> – How can we solve this problem?</p> <p><b>Lesson 4</b> – Friends are special</p> <p><b>Lesson 5</b> – Thanks</p> <p><b>Lesson 6</b> – Dan’s Dare</p> <p><b>Lesson 7 (OPTIONAL)</b> – Tangram team challenge</p>	<p><b>Lesson 1</b> – Respect and challenge</p> <p><b>Lesson 2</b> – Family and friends</p> <p><b>Lesson 3</b> – My community</p> <p><b>Lesson 4</b> – Our friends and neighbours</p> <p><b>Lesson 5</b> – Let’s celebrate our difference</p> <p><b>Lesson 6</b> – Zeb</p>	<p><b>Lesson 1</b> – Safe or unsafe?</p> <p><b>Lesson 2</b> – Danger or risk?</p> <p><b>Lesson 3</b> – The risk robot</p> <p><b>Lesson 4</b> – Super searcher</p> <p><b>Lesson 5</b> – Help or harm?</p> <p><b>Lesson 6</b> – Alcohol and cigarettes</p>	<p><b>Lesson 1</b> – Helping each other to stay safe</p> <p><b>Lesson 2</b> – Recount task</p> <p><b>Lesson 3</b> – Our helpful volunteers</p> <p><b>Lesson 4</b> – Can Harold afford it?</p> <p><b>Lesson 5</b> – Earning money</p> <p><b>Lesson 6</b> – Harold’s environment project</p> <p><b>Lesson 7 (OPTIONAL)</b> – Let’s have a tidy up!</p>	<p><b>Lesson 1</b> – Derek cooks dinner! (healthy eating)</p> <p><b>Lesson 2</b> – Poorly Harold</p> <p><b>Lesson 3</b> – Body team work</p> <p><b>Lesson 4</b> – For and against?</p> <p><b>Lesson 5</b> – I am fantastic!</p> <p><b>Lesson 6</b> – Top talents</p>	<p><b>Lesson 1</b> – Relationship tree</p> <p><b>Lesson 2</b> – Body space (PANTS)</p> <p><b>Lesson 3</b> – None of your business!</p> <p><b>Lesson 4</b> – Secret or surprise?</p> <p><b>Lesson 5</b> – St Johns Ambulance First Aid - Bites and Stings</p> <p><b>Lesson 6</b> – St Johns Ambulance First Aid - Head Injuries</p>
<p><b>Y4</b></p>	<p><b>Lesson 1</b> – Human machines</p> <p><b>Lesson 2</b> – Ok or not ok? (part 1)</p> <p><b>Lesson 3</b> – Ok or not ok? (part 2)</p> <p><b>Lesson 4</b> – An email from Harold!</p> <p><b>Lesson 5</b> – Different feelings</p> <p><b>Lesson 6</b> – Under pressure</p> <p><b>Lesson 7 (OPTIONAL)</b> – When feelings change</p>	<p><b>Lesson 1</b> – Can you sort it?</p> <p><b>Lesson 2</b> – What would I do?</p> <p><b>Lesson 3</b> – The people we share our world with</p> <p><b>Lesson 4</b> – That is such a stereotype!</p> <p><b>Lesson 5</b> – Friend or acquaintance?</p> <p><b>Lesson 6</b> – Islands</p>	<p><b>Lesson 1</b> – Danger, risk or hazard?</p> <p><b>Lesson 2</b> – How dare you!</p> <p><b>Lesson 3</b> – Keeping ourselves safe</p> <p><b>Lesson 4</b> – Rasin challenge</p> <p><b>Lesson 5</b> – Picture wise!</p> <p><b>Lesson 6</b> – Medicines: check the label</p>	<p><b>Lesson 1</b> – Who helps us stay healthy and safe?</p> <p><b>Lesson 2</b> - It's your right</p> <p><b>Lesson 3</b> How do we make a difference?</p> <p><b>Lesson 4</b> – In the news!</p> <p><b>Lesson 5</b> – Safety in numbers</p> <p><b>Lesson 6</b> – Why pay taxes?</p> <p><b>Lesson 7 (OPTIONAL)</b> – Harold's expenses</p>	<p><b>Lesson 1</b> – What makes me ME!</p> <p><b>Lesson 2</b> – Making choices</p> <p><b>Lesson 3</b> – SCARF hotel</p> <p><b>Lesson 4</b> – Harold's Seven Rs</p> <p><b>Lesson 5</b> – My school community (1)</p> <p><b>Lesson 6</b> – St Johns Ambulance First Aid - Emergencies &amp; calling for help</p>	<p><b>Lesson 1</b> – Moving house</p> <p><b>Lesson 2</b> – My feelings are all over the place!</p> <p><b>Lesson 3</b> – Secret or surprise?</p> <p><b>Lesson 4</b> – Together</p> <p><b>Lesson 5</b> – St Johns Ambulance First Aid – Asthma</p> <p><b>Lesson 6</b> – Menstruation lesson for girls</p>
<p><b>Y5</b></p>	<p><b>Lesson 1</b> Collaboration Challenge!</p> <p><b>Lesson 2</b> - Give and take</p> <p><b>Lesson 3</b> – How good a friend are you?</p> <p><b>Lesson 4</b> – Relationship cake recipe</p>	<p><b>Lesson 1</b> – Qualities of friendship</p> <p><b>Lesson 2</b> – Kind conversations</p> <p><b>Lesson 3</b> – Happy being me</p> <p><b>Lesson 4</b> – The land of the Red People</p>	<p><b>Lesson 1</b> – Spot bullying</p> <p><b>Lesson 2</b> – Play, like, share</p> <p><b>Lesson 3</b> – Decision dilemmas</p> <p><b>Lesson 4</b> – Ella's diary dilemma</p>	<p><b>Lesson 1</b> – What's the story?</p> <p><b>Lesson 2</b> - Fact or opinion?</p> <p><b>Lesson 3</b> – Mo makes a difference</p> <p><b>Lesson 4</b> – Rights, respect and duties</p>	<p><b>Lesson 1</b> It all adds up!</p> <p><b>Lesson 2</b> – Different skills</p> <p><b>Lesson 3</b> – My school community (2)</p> <p><b>Lesson 4</b> – Independence and responsibility</p>	<p><b>Lesson 1</b> - How are they feeling?</p> <p><b>Lesson 2</b> – Taking notice of our feelings</p> <p><b>Lesson 3</b> – Dear Ash</p> <p><b>Lesson 4</b> – Puberty (individual school-based resources)</p>

	<p><b>Lesson 5</b> – Our emotional needs</p> <p><b>Lesson 6</b> – Being assertive</p> <p><b>Lesson 7 (OPTIONAL)</b> – Communication</p>	<p><b>Lesson 5</b> – Is it True?</p> <p><b>Lesson 6</b> – Stop Start stereotypes</p> <p><b>Lesson 7 (OPTIONAL)</b> – It could happen to anyone</p>	<p><b>Lesson 5</b> – Vaping: healthy or unhealthy?</p> <p><b>Lesson 6</b> – Would you risk it?</p>	<p><b>Lesson 5</b> – Spending wisely</p> <p><b>Lesson 6</b> – Lend us a fiver!</p> <p><b>Lesson 7 (OPTIONAL)</b> – Local councils</p>	<p><b>Lesson 5</b> – Star qualities?</p> <p><b>Lesson 6</b> – St Johns Ambulance First Aid – Bleeding</p>	<p><b>Lesson 5</b> – Help! I'm a teenager - get me out of here!</p>
<b>Y6</b>	<p><b>Lesson 1</b> – Working together</p> <p><b>Lesson 2</b> - Solve the friendship problem</p> <p><b>Lesson 3</b> – Behave yourself</p> <p><b>Lesson 4</b> – Assertiveness skills</p> <p><b>Lesson 5</b> – Don't force me</p> <p><b>Lesson 6</b> – Acting appropriately</p> <p><b>Lesson 7 (OPTIONAL)</b> – Let's negotiate</p>	<p><b>Lesson 1</b> – OK to be different</p> <p><b>Lesson 2</b> – We have more in common than not</p> <p><b>Lesson 3</b> – Respecting differences</p> <p><b>Lesson 4</b> – Tolerance and respect for others</p> <p><b>Lesson 5</b> – Advertising friendships!</p> <p><b>Lesson 6</b> – Boys will be boys? - challenging gender stereotypes</p>	<p><b>Lesson 1</b> – Think before you click!</p> <p><b>Lesson 2</b> – To share or not to share?</p> <p><b>Lesson 3</b> – Rat Park</p> <p><b>Lesson 4</b> – What sort of drug is...?</p> <p><b>Lesson 5</b> – Drugs: it's the law!</p> <p><b>Lesson 6</b> – Alcohol: what is normal?</p>	<p><b>Lesson 1</b> – Two sides to every story</p> <p><b>Lesson 2</b> - Fakebook friends</p> <p><b>Lesson 3</b> – What's it worth?</p> <p><b>Lesson 4</b> – Happy shoppers - caring for the environment</p> <p><b>Lesson 5</b> – Democracy in Britain 1 - Elections</p> <p><b>Lesson 6</b> – Democracy in Britain 2 - How (most) laws are made</p> <p><b>Lesson 7 (OPTIONAL)</b> – Jobs and taxes</p>	<p><b>Lesson 1</b> – This will be your life!</p> <p><b>Lesson 2</b> – Our recommendations</p> <p><b>Lesson 3</b> – What's the risk? (1)</p> <p><b>Lesson 4</b> – What's the risk? (2)</p> <p><b>Lesson 5</b> – St Johns Ambulance First Aid – Choking</p> <p><b>Lesson 6</b> – Five Ways to Wellbeing project</p>	<p><b>Lesson 1</b> – I look great!</p> <p><b>Lesson 2</b> – Media manipulation</p> <p><b>Lesson 3</b> – Pressure online</p> <p><b>Lesson 4</b> – Helpful or unhelpful? Managing change</p> <p><b>Lesson 5</b> – What does my body do? St Johns Ambulance First Aid – Basic life support</p> <p><b>Lesson 6</b> – Puberty (individual school-based resources)</p>