



Welcome to Reception
at Green Lane

First Day - A happy one!

Please be positive with your child when talking about school and explain to them what will happen. Talk about teachers, other children, breaks, sitting down, tidy-up time and home time

On arrival it is great if you can help your child hang their coats and guide them to their classroom

After meeting the teachers and other children you can help settle your child and stay a short while if you want to

Most children, even if initially upset soon become distracted by their surroundings and settle down



What to expect from school

- ▶ Indoor and outdoor learning
- ▶ First hand experiences
- ▶ High expectations
- ▶ Independence
- ▶ Achievement

The Early Years Curriculum

Three prime areas:

Communication &
Language

Physical
Development

Personal, Social &
Emotional
Development

The Early Years Curriculum

Four specific areas:

Literacy

Maths

The
World

The
Arts



Why outdoors

According to research (Fjortoft 2004; Burdette and Whitaker 2005), children who play outdoors regularly:

- ▶ Become fitter and leaner
- ▶ Develop stronger immune systems
- ▶ Have more active imaginations
- ▶ Have lower stress levels
- ▶ Play more creatively
- ▶ Have greater respect for themselves and others

‘There is no such thing as bad weather, only unsuitable clothing

Time spent outdoors is also the best way to get vitamin D.

A recent study by the Born In Bradford research team showed that children in Bradford are not getting enough vitamin D, which can lead to a host of health issues.

Time spent outdoors is also shown to reduce myopia (short sightedness) in young children.



Play at school



Play is often described as children's 'work'. Playing helps your young child to:

- ▶ Build relationships
- ▶ Be creative
- ▶ Read, write and learn about numbers
- ▶ Think
- ▶ Use language
- ▶ Use small and large muscles

Good quality play activities provide experiences through which children learn

Play helps young children to progress in a non-threatening and enjoyable way and instils confidence

Play at home



Give your child time to play every day.



When chatting, ask what your child was playing that day. Show that you value play whether it's at home or in school



Join in the play. Take on a role and be playful



Make space for play. As your child gets older they will probably spend more time playing with a particular thing, so having a place where your child can leave items and continue playing with them the next day is important

Attendance

Children with at least 95% attendance are far more likely to achieve

Missing just $\frac{1}{2}$ a day per week = 90% = 4 weeks missed in total

Missing 1 day each week = 80% = a whole half term missed (up to 2 whole years of their school life)

‘The world is run by those who turn up’

How you can help

Attend meetings and workshops

Talk to you children about what they have been doing at school

Help with learning at home

Read together every day

Talk to staff about what your child has been doing at home

Look for opportunities to apply simple skills

Reinforce good learning attitudes and relationships, particularly sharing, caring and considering safety

Preparing for school

- there are some easy ways to help prepare your child for this change in their life - for example:

- ▶ Lots of **talking** with your child!
 - ▶ Regular bedtimes
 - ▶ Dressing
 - ▶ Eating and drinking
 - ▶ Sharing books and stories together
 - ▶ Counting in everyday situations
- ▶ Drawing straight and curvy lines
 - ▶ Playing board and matching games
 - ▶ Completing jigsaws
 - ▶ Playing 'I Spy'
 - ▶ Playing 'Spot the Difference', 'Snap' and 'Dot-to-Dot' games

Get in touch
with us if..



Your child is going to be late



Your child is ill



Your child has been away from school for any reason



You are going to be late picking up your child



Your home or family circumstances change



You have changed your telephone number or email address

A plea from the staff

Please label **everything** with your child's name

Please help your child to recognise what their name looks like

Please talk to us if you have any worries at all

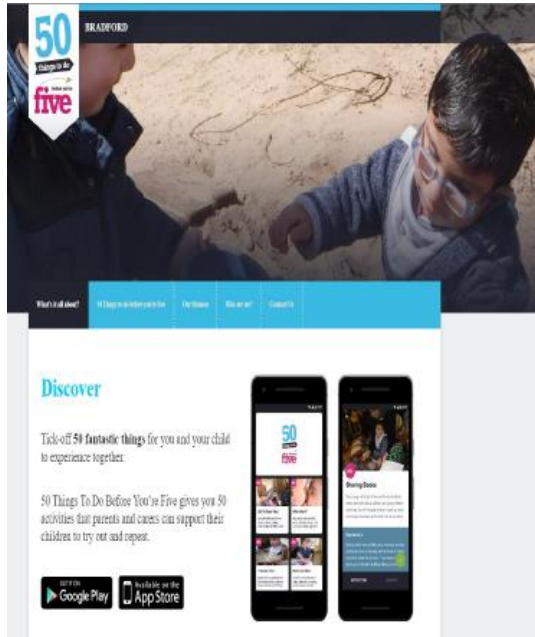
Health & Safety

As part of our school Health & Safety policy we encourage regular washing of hands, particularly around eating time, after toilet use and when coming in from outdoors.

We also clean surfaces and equipment regularly. Unfortunately germs and viruses can spread very quickly in a classroom environment so it is vital that the children are encouraged to use a tissue when blowing their nose and to cover their mouth and turn away when coughing.

If your child develops any contagious illness please inform school immediately and we can talk to you about the best course of action.

All information regarding your child's health is treated in the strictest confidence.



50 things to do

Please try these very cheap or free experiences over the holidays