


# Physical Education Whole School Overview 2019-20

Pupils will be taught...

	Autumn Term	Spring Term	Summer Term	OAA (Outdoor Adventurous Activities)
Year 1	<p><b>Ball Skills</b>                      Throwing                      Catching                      Dribbling (Basketball and Football)                      Passing (Basketball, Football and Rugby)</p> <p><b>Gymnastics and Dance</b>                      Rolling                      Balancing                      Jumping                      Traveling                      Creating a gymnastics sequence</p> <p>Expressive movement                      Rhythm Patterns                      Creating a dance sequence</p>	<p><b>Racket Skills</b>                      Racket Control                      Striking                      Simple Racket games</p> <p><b>Target Games</b>                      Boccia                      New Age Curling                      Golf</p>	<p><b>Striking and Fielding Games</b>                      Throwing                      Catching                      Striking                      Fielding techniques                      Striking and fielding games</p> <p><b>Athletics</b>                      Throwing                      Jumping                      Running                      Measuring</p>	<p>Indoor Climbing</p> <p>Indoor Caving</p>
Year 2	<p><b>Ball Skills</b>                      Throwing                      Catching                      Dribbling (Basketball and Football)                      Passing (Basketball, Football and Rugby)                      Small sided possession games</p> <p><b>Gymnastics and Dance</b>                      Rolling                      Balancing                      Jumping                      Traveling                      Creating a gymnastics sequence                      Expressive movement                      Rhythm Patterns                      Creating a dance sequence</p>	<p><b>Racket Skills</b>                      Racket Control                      Striking                      Simple Racket games</p> <p><b>Target Games</b>                      Boccia                      New Age Curling                      Golf</p>	<p><b>Striking and Fielding Games</b>                      Throwing                      Catching                      Striking                      Fielding techniques                      Striking and fielding games</p> <p><b>Athletics</b>                      Throwing                      Jumping                      Running                      Measuring</p>	<p>Indoor Climbing</p> <p>Indoor Caving</p> <p><b>Environmental Studies</b>                      Calvery Woods                      Walking                      Blackhills                      Fire building</p>

Year 3	<p><b>Football</b>            Passing            Dribbling            Defending            Football tactics            Competitive football games</p> <p><b>Dance</b>            Expressive Movement            Rhythm Patterns            Creating a dance sequence</p>	<p><b>Tennis</b>            Racket Control            Striking            Competitive tennis games</p> <p><b>Table Tennis</b>            Bat Control            Striking            Competitive table tennis games</p> <p><b>Basketball</b>            Passing            Dribbling            Defending            Basketball Tactics            Competitive basketball games</p>	<p><b>Cricket</b>            Throwing            Catching            Striking            Fielding techniques            Competitive cricket games</p> <p><b>Athletics</b>            Throwing            Jumping            Running            Measuring            Competitive athletics</p>	<p><b>Indoor Climbing</b></p> <p><b>Indoor Caving</b></p> <p><b>Gorge Scrambling</b>            Strans Gil</p> <p><b>Field Studies</b>            Malham Cove            Orienteering            Walking</p>
Year 4	<p><b>Rugby</b>            Handling skills            Passing            Rugby tactics            Competitive rugby games</p> <p><b>Gymnastics</b>            Rolling            Balancing            Jumping            Traveling            Use of gymnastics equipment            Creating a gymnastics sequence</p>	<p><b>Badminton</b>            Racket Control            Striking            Competitive badminton games</p> <p><b>Handball</b>            Passing            Dribbling            Defending            Handball Tactics            Competitive Handball games</p>	<p><b>Rounders</b>            Throwing            Catching            Striking            Fielding techniques            Competitive rounders games</p> <p><b>Athletics</b>            Throwing            Jumping            Running            Measuring            Competitive athletics</p>	<p><b>Indoor Climbing</b></p> <p><b>Indoor Caving</b></p> <p><b>Outdoor Caving</b>            Thistle and Runscar cave</p>
Year 5	<p><b>Football</b>            Passing            Dribbling            Defending            Football tactics            Competitive football games</p> <p><b>Dance</b>            Expressive Movement            Rhythm Patterns</p>	<p><b>Tennis</b>            Racket Control            Striking            Competitive tennis games</p> <p><b>Table Tennis</b>            Bat Control            Striking            Competitive table tennis games</p> <p><b>Basketball</b>            Passing</p>	<p><b>Cricket</b>            Throwing            Catching            Striking            Fielding techniques            Competitive cricket games</p> <p><b>Athletics</b>            Throwing            Jumping</p>	<p><b>Indoor Climbing</b></p> <p><b>Indoor Caving</b></p> <p><b>Ingleborough Hall Residential</b>            Tree Climbing            Orienteering            Norber Walk            Den Making</p>

	<p>Creating a dance sequence</p> <p><b>Swimming</b> Swimming confidently and proficiently over 25M Using a range of strokes including breaststroke, backstroke and front crawl. Performing a self-rescue</p>	<p>Dribbling Defending Basketball Tactics Competitive basketball games</p> <p><b>Swimming</b> Swimming confidently and proficiently over 25 M Using a range of strokes including breaststroke, backstroke and front crawl. Performing a self-rescue</p>	<p>Running Measuring Competitive athletics</p> <p><b>Swimming</b> Swimming confidently and proficiently over 25 M Using a range of strokes including breaststroke, backstroke and front crawl. Performing a self-rescue</p>	
Year 6	<p><b>Rugby</b> Handling skills Passing Rugby tactics Competitive rugby games</p> <p><b>Gymnastics</b> Rolling Balancing Jumping Traveling Use of gymnastics equipment Creating a gymnastics sequence</p>	<p><b>Badminton</b> Racket Control Striking Competitive badminton games</p> <p><b>Table Tennis</b> Bat Control Striking Competitive table tennis games</p> <p><b>Handball</b> Passing Dribbling Defending Handball Tactics Competitive Handball games</p>	<p><b>Rounders</b> Throwing Catching Striking Fielding techniques Competitive rounders games</p> <p><b>Athletics</b> Throwing Jumping Running Measuring Competitive athletics</p>	<p><b>Indoor Climbing</b></p> <p><b>Indoor Caving</b></p> <p><b>Tall Ships</b> <b>Residential</b> Sailing</p>